

# CITY OF DERBY SWIMMING CLUB

## LONG COURSE LICENSED OPEN MEET 2009

at Ponds Forge 50m Pool Sheffield 10<sup>th</sup> / 11<sup>th</sup> January 2009  
(Under ASA Laws and ASA Technical Rules of Swimming)

### Individual Entry Form

Please return the completed entry form with the appropriate entry fee and a SAE (9" x 5") for return of accepted entry information by the closing date of **19<sup>th</sup> November 2008**.  
**All times to be 25m (short course) times**, converted using the ASA Equivalent Performance Tables.  
**Verification of entry times may be requested.**

Name:			
Gender:	Male / Female <small>Please delete</small>	Entry No: (Official Use Only)	
Date of Birth:	/ /	Age at 11 <sup>th</sup> January 2009	
Club:			
ASA No:			
Address:			
Tel No:		Email:	

Event	25m Entry Time	Event	25m Entry Time
50m Freestyle		50m Breaststroke	
100m Freestyle <small>(Not 9yr)</small>		100m Breaststroke <small>(Not 9yr)</small>	
200m Freestyle		200m Breaststroke	
400m Freestyle		50m Butterfly	
50m Backstroke		100m Butterfly <small>(Not 9yr)</small>	
100m Backstroke <small>(Not 9yr)</small>		200m Butterfly	
200m Backstroke		200m I.M.	

Total No of Entries:		@ £5.50p = Total:	£    -    p
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**This event is Licensed at Level 1 by the ASA for entry into National and Regional Championships. Entries must be within the published consideration times for each event. If over subscribed, entries with the slowest times will be rejected. (See Meet Rules and Information for full details).**

I certify that the above details are correct, I will abide by the promoter's conditions and that I am an eligible competitor in accordance with the laws of the Amateur Swimming Association.

Swimmer's Signature: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_.

Please return to:	
Mrs Christine Brocklehurst	
1 Jackson Avenue	
Mickleover	Tel: 01332 605101
Derby DE3 9AS	Fax: 01332 606149

Coach's Pass	No.	Total
@£17 Saturday & Sunday		£
@ £10 Saturday only		£
@ £10 Sunday only		£
(Including Lunch, Programme and Results)		