



CITY OF DERBY SWIMMING CLUB

Affiliated to ASA East Midland Region and Derbyshire ASA
Under ASA Laws and ASA Technical Rules of Swimming
at Queens Leisure Centre Derby

Short Course Level 2 Licensed Open Meet 2009

Saturday 25th April 2009

Session 1 Warm-Up 8:30am Start 9:30am

Evt	B/G	Description
1	Girls	9/10, 11/12, 13/14, 15/Over 100m I.M. HDW
2	Boys	10, 11/12, 13/14, 15/Over 100m Backstroke
3	Girls	10, 11/12, 13/14, 15/Over 100m Breaststroke
4	Boys	9/10, 11/12, 13/14, 15/Over 200m Fly HDW
5	Girls	9/Over 50m Backstroke HDW
6	Boys	9/Over 50m Breaststroke HDW
7	Girls	9/10, 11/12, 13/14, 15/Over 200m Free HDW
8	Boys	Final 10 years 100m Backstroke
9	Boys	Final 11/12 years 100m Backstroke
10	Boys	Final 13/14 years 100m Backstroke
11	Boys	Final 15/Over 100m Backstroke
12	Girls	Final 10 years 100m Breaststroke
13	Girls	Final 11/12 years 100m Breaststroke
14	Girls	Final 13/14 years 100m Breaststroke
15	Girls	Final 15/Over 100m Breaststroke

Session 2 Session start times to be confirmed.
(Estimated Warm-Up 2:00pm Start 3:00pm)

Evt	B/G	Description
16	Boys	9/10, 11/12, 13/14, 15/Over 200m I.M. HDW
17	Girls	10, 11/12, 13/14, 15/Over 100m Freestyle
18	Boys	10, 11/12, 13/14, 15/Over 100m Fly
19	Girls	9/10, 11/12, 13/14, 15/Over 200m Back HDW
20	Boys	9/Over 50m Freestyle HDW
21	Girls	9/Over 50m Fly HDW
22	Boys	9/10, 11/12, 13/14, 15/Over 200m Breast HDW
23	Girls	Final 10 years 100m Freestyle
24	Girls	Final 11/12 years 100m Freestyle
25	Girls	Final 13/14 years 100m Freestyle
26	Girls	Final 15/Over 100m Freestyle
27	Boys	Final 10 years 100m Fly
28	Boys	Final 11/12 years 100m Fly
29	Boys	Final 13/14 years 100m Fly
30	Boys	Final 15/Over 100m Fly

Estimated finish time 6:30 to 7pm

Sunday 26th April 2009

Session 3 Warm-Up 8:30am Start 9:30am

Evt	B/G	Description
31	Girls	9/10, 11/12, 13/14, 15/Over 200m I.M. HDW
32	Boys	10, 11/12, 13/14, 15/Over 100m Breaststroke
33	Girls	10, 11/12, 13/14, 15/Over 100m Backstroke
34	Boys	9/10, 11/12, 13/14, 15/Over 200m Free HDW
35	Girls	9/Over 50m Breaststroke HDW
36	Boys	9/Over 50m Backstroke HDW
37	Girls	9/10, 11/12, 13/14, 15/Over 200m Fly HDW
38	Boys	Final 10 years 100m Breaststroke
39	Boys	Final 11/12 years 100m Breaststroke
40	Boys	Final 13/14 years 100m Breaststroke
41	Boys	Final 15/Over 100m Breaststroke
42	Girls	Final 10 years 100m Backstroke
43	Girls	Final 11/12 years 100m Backstroke
44	Girls	Final 13/14 years 100m Backstroke
45	Girls	Final 15/Over 100m Backstroke

Session 4 Session start times to be confirmed.
(Estimated Warm-Up 2:00pm Start 3:00pm)

Evt	B/G	Description
46	Boys	9/10, 11/12, 13/14, 15/Over 100m I.M. HDW
47	Girls	10, 11/12, 13/14, 15/Over 100m Fly
48	Boys	10, 11/12, 13/14, 15/Over 100m Freestyle
49	Girls	9/10, 11/12, 13/14, 15/Over 200m Breast HDW
50	Boys	9/Over 50m Fly HDW
51	Girls	9/Over 50m Freestyle HDW
52	Boys	9/10, 11/12, 13/14, 15/Over 200m Back HDW
53	Girls	Final 10 years 100m Fly
54	Girls	Final 11/12 years 100m Fly
55	Girls	Final 13/14 years 100m Fly
56	Girls	Final 15/Over 100m Fly
57	Boys	Final 10 years 100m Freestyle
58	Boys	Final 11/12 years 100m Freestyle
59	Boys	Final 13/14 years 100m Freestyle
60	Boys	Final 15/Over 100m Freestyle

Estimated finish time 6:30 to 7pm

Warm-up will be Girls followed by Boys for sessions 1 and 3 and Boys followed by Girls for sessions 2 and 4. Warm-up **must** be supervised by Coaches.

The promoters reserve the right to change the order of events within a session should this be necessary.

The start time of the later sessions on each day is **subject to change** (earlier or later) and will be confirmed with the return of entry information.