



CITY OF DERBY SWIMMING CLUB
(Affiliated to ASA East Midland Region and Derbyshire A.S.A.)
Presents under ASA Laws and ASA Technical Rules of Swimming at the
QUEEN'S LEISURE CENTRE CATHEDRAL ROAD DERBY
www.coderby.co.uk



'B' GRADE LEVEL 3 LICENSED (3EM9069) OPEN MEET

SATURDAY 4th JULY 2009

Session One: Warm-up 12:00 noon

EVENTS:

9 & 10yr Boys/Girls 50m Back & Breast
11 & 12yr Boys/Girls 100m Free, Fly & I.M.
13, 14 & 15+yr Boys/Girls 100m Back & Breast
13, 14 & 15+yr Boys 100m I.M.

Session Two: Warm-up 4:30pm

EVENTS:

9 & 10yr Boys/Girls 50m Free, Fly & 100m I.M.
11 & 12yr Boys/Girls 100m Back & Breast
13, 14 & 15+yr Boys/Girls 100m Free, Fly
13, 14 & 15+yr Girls 100m I.M.

! Awards to the fastest 6 in each single year age !

**This event is Licensed (Level 3 3EM9069) by the ASA
for entry into Regional and County Championships**

**Entries must be within (equal to or faster than) the Qualifying Times (QT), but also
slower than the Upper Limit Cut-Off Times (ULT), published overleaf**

MEET RULES AND INFORMATION

Ages : 9yr, 10yr, 11yr, 12yr, 13yr, 14yr, 15yr & Over.
Ages at **4th July 2009**
Length of Pool : 25m - Deck Level 6 Lane.
Entry times to be converted to 25m
Electronic timing and anti-wave lane ropes will be used.

Entry Fees £3.50 per individual entry
Closing date for entries 9th June 2009

Spectator Admission

Per session Adult £3.00
Child and O.A.P. £1.50
All Day Pass Adult £4.00
Child and O.A.P. £2.00
All Day Programme £1

The promoters reserve the right to limit entries where necessary. Late entries will not be accepted. No on-the-day entries accepted, unless due to promoter's error. Over the top starts may be used.

All winners will be decided on a **Heat Declared** basis. Events will be swum in consolidated year age groups, but prizes will be awarded to the fastest six in each **individual** age.
Results sheets will be published after each session.

Coaches Passes

Coaches Passes are available price **£7**, this includes **programme and results sheets**. Note these passes do NOT include any food.
Single Session poolside passes will be available on the day price **£5**, including programme and results sheets.

Cheques payable to **CITY OF DERBY S.C.**

Any conditions not covered by this information will be at the discretion of the promoters, **City of Derby Swimming Club**.

- 25m 6 Lane Competition Pool•
- Electronic Timing with Full Display•
- Anti-turbulence Lane Ropes•
- Swim Shop•
- Cafeteria On Site•
- Ample Pay & Display NCP Parking•

We hope you enjoy our Open Meet. We will be working very hard to make it successful and friendly. Good Luck.

Completed entry forms, together with the correct entry fees to be returned to :-
Mrs C Brocklehurst, 1 Jackson Avenue, Mickleover, Derby, DE3 9AS. Tel: 01332 605101 Fax: 01332 606149
Please enclose a large SAE for return of entry information.

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'B' GRADE LEVEL 3 LICENSED (3EM9069) OPEN MEET

SATURDAY 4th JULY 2009

ENTRY QUALIFYING and UPPER LIMIT TIMES - 25m (Short Course) Times

As this is a Level 3 Licensed Meet, entries must be within (equal to or faster than) the Qualifying Times (QT), but also slower than the Upper Limit Cut-Off Times (ULT), published below.

Entries will be accepted on a first come first served basis.

BOYS ENTRY TIMES FOR B GRADE GALA

Age		Back	Breast	Fly	F/S	I.M.
9	ULT	50.0	55.0	49.0	43.0	1.52
	QT	1.05.0	1.15.0	1.05.0	1.01.0	2.30
10	ULT	43.0	46.0	44.0	37.0	1.42
	QT	1.00.0	1.08.0	1.00.0	56.0	2.10
11	ULT	1.33.0	1.42.0	1.34.0	1.22.0	1.33
	QT	1.59.0	2.05.0	2.05.0	1.49.0	2.02
12	ULT	1.27.0	1.34.0	1.26.0	1.16.0	1.27
	QT	1.52.0	2.01.0	1.59.0	1.43.0	1.57
13	ULT	1.21.0	1.27.0	1.19.0	1.11.0	1.21
	QT	1.35.0	1.50.0	1.48.0	1.28.0	1.45
14	ULT	1.17.0	1.24.0	1.15.0	1.08.0	1.17
	QT	1.30.0	1.45.0	1.44.0	1.22.0	1.40
15&Over	ULT	1.10.0	1.18.0	1.09.0	1.03.0	1.10
	QT	1.22.0	1.35.0	1.25.0	1.16.0	1.30

GIRLS ENTRY TIMES FOR B GRADE GALA

Age		Back	Breast	Fly	F/S	I.M.
9	ULT	50.0	55.0	49.0	43.0	1.52
	QT	1.05.0	1.15.0	1.05.0	1.01.0	2.30
10	ULT	41.0	44.0	42.0	35.0	1.39
	QT	58.0	1.06.0	58.0	54.0	1.58
11	ULT	1.33.0	1.42.0	1.34.0	1.22.0	1.33
	QT	1.59.0	2.05.0	2.05.0	1.45.0	2.00
12	ULT	1.27.0	1.34.0	1.26.0	1.16.0	1.27
	QT	1.56.0	2.01.0	1.59.0	1.41.0	1.55
13	ULT	1.21.0	1.27.0	1.19.0	1.11.0	1.21
	QT	1.38.0	1.47.0	1.48.0	1.27.0	1.45
14	ULT	1.19.0	1.26.0	1.17.0	1.10.0	1.19
	QT	1.33.0	1.40.0	1.44.0	1.24.0	1.41
15&Over	ULT	1.17.0	1.24.0	1.13.0	1.08.0	1.17
	QT	1.35.0	1.45.0	1.35.0	1.27.0	1.38

Entries must be within (equal to or faster than) the Qualifying Times (QT)

No entries will be accepted with times faster than the above Upper Limit Times (ULT)

No Awards will be made to swimmers whose performance times are faster than the above Upper Limit Times by the following amounts:-

9/10yrs 50m 3.0 secs 9/10yrs I.M.& 11/12 yrs 4.0 secs 13/14/15+ yrs 3.0 secs.

Speeding Tickets will be issued to these swimmers