

CITY OF DERBY SWIMMING CLUB

LONG COURSE LICENSED OPEN MEET 2010

at Ponds Forge 50m Pool Sheffield 9th / 10th January 2010
(Under ASA Laws and ASA Technical Rules of Swimming)

Individual Entry Form

Please return the completed entry form with the appropriate entry fee and a SAE for return of Coaches Passes (if ordered) by the closing date of **19th November 2009**.

All times to be 50m (long course) times, converted times are acceptable.

Verification of entry times may be required.

Name:																												
Gender:	Male / Female <small>Please delete</small>														Entry No: (Official Use Only)													
Date of Birth:	DD / MM / YY														Age at 10 th January 2010													
Club:																												
ASA No:																												
Address:																												
Tel No:															Email:													

Event	50m Entry Time	Event	50m Entry Time
50m Freestyle		50m Breaststroke	
100m Freestyle <small>(Not 9yr)</small>		100m Breaststroke <small>(Not 9yr)</small>	
200m Freestyle		200m Breaststroke	
400m Freestyle		50m Butterfly	
50m Backstroke		100m Butterfly <small>(Not 9yr)</small>	
100m Backstroke <small>(Not 9yr)</small>		200m Butterfly	
200m Backstroke		200m I.M.	

Total No of Entries:		@ £5.50p = Total:	£ - p
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This event is Licensed at Level 1 by the ASA for entry into National and Regional Championships. Entries must be within the published qualification times for each event. If over subscribed, entries with the slowest times will be rejected. (See Meet Rules and Information for full details).

I certify that the above details are correct, I will abide by the promoter's conditions and that I am an eligible competitor in accordance with the laws of the Amateur Swimming Association.

Swimmer's Signature: _____ Date: ____ / ____ / ____.

Please return to:
Mrs Christine Brocklehurst
1 Jackson Avenue
Mickleover Tel: 01332 605101
Derby DE3 9AS Fax: 01332 606149

Coaches Passes	No.	Total
@£20 Saturday & Sunday		£
@ £11 Saturday only		£
@ £11 Sunday only		£
(Including Lunch, Programme and Results)		